



Journaling Prompt Ideas

When selecting prompts, be sure think about your students' age and ability level. A good prompt challenges students to think but does not intimidate them.

1. Describe your favorite moment of the day.
2. Describe the things you like/dislike about the activities at Pok-O.
3. What do you think about the Pok-O staff? Why?
4. Has it been difficult to be away from cell phones, TVs, video games, etc? Why or why not?
5. Is there anyone you would like to bring to Pok-O? Why or why not?
6. Describe the experience of hiking (*insert mountain's name*) mountain.
7. Has your time at Pok-O changed the way you think about nature and conservation?
8. Has your time at Pok-O changed the way you think about yourself? Your classmates?
9. If you had been given the choice to not go (*insert activity's name*), would you have gone? Why or why not?
10. *Students can simply be asked to respond to a reading.*